



Crochet Macrame Bracelet – Step-by-Step Written Pattern

Skill Level: Beginner

Pattern Style: Step-by-step

Terminology: Standard US crochet terms

Finished Size: ~22 cm (adjustable)

Materials

- **Yarn:** Size 3 macrame cord
(You can substitute with 2–3 strands of cotton yarn.)
- **Hook:** 4.00 mm crochet hook
- **Tapestry needle** (for sewing the ends)
- **Scissors**

Gauge

Not critical for this project.

Finished bracelet width: adjustable (~22 cm for 50 chains)

Abbreviations

- **ch** – chain
- **sl st** – slip stitch

Instructions

◆ Foundation

1. **Ch 50** (or as many as needed to fit your wrist).
→ Example: 50 chains = 22 cm
2. **Join** the first and last chain with a **sl st** to form a ring.
(Be careful not to twist the chain.)

◆ Round 1

3. **Sl st** in each ch around.
→ Total: 50 sl sts
→ Do **not** add a sl st into the joining point again to avoid increasing the stitch count.

◆ Round 2

4. Work **1 sl st** into the **middle loop** of each stitch from the previous round.
→ Continue around without skipping or increasing stitches.

Repeat

5. **Repeat Round 2** until you have a total of **12 rounds** (including Round 1).
→ Your bracelet should start forming a spiral tube.

Finishing

6. After completing 12 rounds, cut the yarn, leaving a tail.
7. Turn the bracelet **inside out** so the outer side faces in.
8. Use the yarn tail and a tapestry needle to **sew the starting edge** to the ending edge.
→ Sew by matching opposite stitches together along the round.

Final Touch

9. Tie a knot and **weave in all ends** securely.
10. Turn the bracelet right side out and adjust the seam so it hides inside.

Done!

Your macrame-style crochet bracelet is now ready to wear, gift, or sell!
You can experiment with different colors and yarns to create variations.